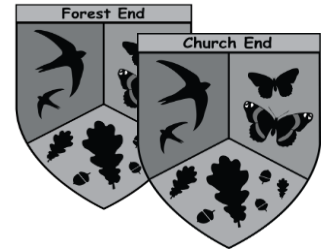


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Value of the Month: Respect

19th May 2021

Dear Parent/Carer,



Helping parents keep their children safe online.

Over the past year we have seen more and more people having to access services through the internet and spend more time online either for work, school or socialising.

The 3 Safeguarding Children Board's across Bedfordshire are working together to raise awareness amongst children, young people and their parents about staying safe online. They will be producing a bulletin on a quarterly basis that provide parents, professionals and young people with advice, guidance and top tips for staying safe on-line. (Information will be taken from the Internet Matters website <https://www.internetmatters.org/>)

Their first bulletin is aimed at helping to support 0-5-year-olds.

Through the links below you can get expert support and practical tips to help children benefit from connected technology and using the internet safely and smartly.

Information and Top Tips for Balancing Screen Time (Support for 0-5-year-olds)

A balanced use of screen can offer children key benefits to help them to learn, explore and interact with the world around them. <https://www.internetmatters.org/resources/screen-time-tips-to-support-0-5-year-olds/>

Online Safety Guide for 0-5-year-olds:

With so many websites and apps targeting pre-schoolers, find out the simple steps you can take to protect your young children. <https://www.internetmatters.org/resources/online-safety-guide-0-5-year-olds/>

Gaming for Pre-Schoolers:

Use our practical gaming tips to help young children starting to game online get the best out of their experience and stay safe. <https://www.internetmatters.org/resources/gaming-guide-for-pre-schoolers/>

Grandparents Online Safety Tips:

A recent study found that 4 in 10 grandparents help-out with childcare in what has been dubbed 'granannyng'.

To help grandparents get to grips with life online - Internet Matters have created a new *Grandparents Guide to Online Safety* - offering practical advice to keep kids safe. <https://www.internetmatters.org/resources/grandparents-guide/>

Our school website is also regularly updated with information and advice for parents regarding a range of well-being and safeguarding topics. <https://www.churchendlower.co.uk/safeguarding/>

Kind Regards



Amanda Watts
Head of School & Designated Safeguarding Lead