



# Marston Moreteyne VC School

## Safeguarding Newsletter

### Summer 2023 - Issue 3



At Marston Moreteyne VC School, we are aware that it is everybody's responsibility to keep our community safe. This safeguarding newsletter, aims to help parents, and children alike to be aware of safeguarding, giving you useful links and resources if you have concerns. Last half term we delivered the NSPCC Speak Out. Stay Safe assemblies to Year 1 - 4 and we have now have introduced a Stay Safe Board at both sites with information for children about how they can stay safe. Further information can also be found on our website <https://www.marstonmoreteyneschool.org/safeguarding/>



#### Meet the Team



**Miss Short**

Deputy Designated  
Safeguarding Lead -  
EVFS



**Mrs Straccia**

Deputy Designated  
Safeguarding Lead



**Mr Storey**

Headteacher



**Mrs Watts**

Designated  
Safeguarding Lead



**Mrs Di-Folco**

Deputy Designated  
afeguarding Lead - EVFS



**Mrs Eames**

Nominated  
Governor  
for Safeguarding



Free Parenting advice and support on a wide range of digital parenting topics including social media, screen time, setting safety features on all devices .... A superb resource for all parents and carers which is quick and easy to use!

To create your account, please follow <https://nationalonlinesafety.com/enrol/marston-moreteyne-vc-school> and complete your details. When you're set up, you'll be able to set 'Parent/Carer' as your user type.

You can access National Online Safety online via any device- including via our brand-new smartphone app. To download the app, please go to:

<https://apps.apple.com/gb/app/national-online-safety/id1530342372>

<https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos>

Alternatively, search for 'National Online Safety' in the App Store/Google Play Store.



## Summer Water Safety

On a hot day, it might seem like a great idea to cool down in open water. However, swimming is prohibited in our canals, lakes and rivers. There are too many risks that you cannot see hidden below the surface. Marston Moretaine is surrounded by open water and please talk to your children about the dangers of swimming in Stewartby lake, Brogborough lake and surrounding open water, help to teach them how to stay safe.

### What are the dangers?

- **Depth Perception** - you cannot tell from the surface the depth and jumping into shallow water can cause spinal injuries or too deep and you cannot get out.
- **Hidden dangers under the surface** - water, reeds and other plant life could get tangled around your limbs and trap you in the water making it very difficult to climb out or hidden rubbish that can cut or cause injury.
- **Disease** -diseases, pollution, biological or chemical contaminants can be found in canal and river water because it is untreated water.
- **Cold Temperatures** - the sudden exposure to cold water can cause a number of involuntary bodily reactions - this is cold-water shock.

### Float to Live

If you get into trouble in the in the water, Float to Live. Lean back and use your arms and legs to help you float, then get control of your breathing before calling for help or swimming to safety. If you see someone else in trouble in the water, Call 999.

<https://www.bedsfire.gov.uk/if-youre-trouble-water>

### What 3 Words

The What3Words App enables the caller and the emergency services to quickly pinpoint where they are and where an incident is taking place. This means that no matter where they are - in a field or roadside in the countryside, by a riverbank or just outside one of a shopping centre's multiple entrances, your location can be identified quickly.

Further information can be found on our school website

<https://www.marstonmoreteyneschool.org/water-safety/> or at

<https://canalrivertrust.org.uk/enjoy-the-waterways/safety-on-our-waterways/summer-water-safety>



## Domestic Abuse

Domestic violence is never okay or excusable, and everyone has the right to live a life free from fear, harm and control. If your child is witnessing domestic violence, it can have a huge effect on their mental health and wellbeing - both while it is happening and later in life. The most important thing you can do is find the right support to help you take the next step, so that you and your child can feel safe and get the help you need.

### What is Domestic Abuse?

Domestic abuse can include, but is not limited to the following:

- Coercive control (a pattern of intimidation, degradation, isolation and control with the use or threat of physical or sexual violence)
- Psychological and/or emotional abuse
- Physical abuse
- Sexual abuse
- Economic or financial abuse
- Stalking and harassment
- Online or digital abuse
- Domestic abuse also includes so-called 'Honour Based Violence', Female Genital Mutilation, and Forced Marriage.

### Get Help.

The Bedfordshire Domestic Abuse Partnership offer arrange of support services that can be accessed here <https://bedsdv.org.uk/get-help/> or you can visit our school and access help through the BDAP Support Hub where you will have access to telephones and internet free of charge or speak to our trained Domestic Abuse Responders at school.



## Support Hub

### What is a Support Hub?

- a place for you to go if you need to access support
- a place where you can contact a domestic abuse support service who will be able to help you safely

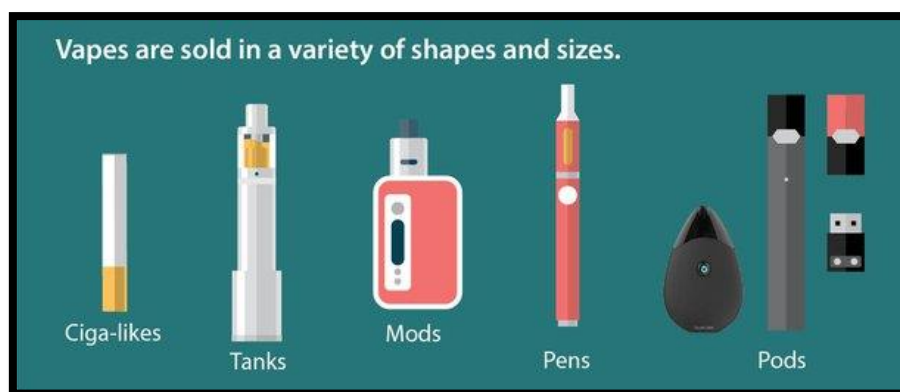
For more information, speak to a member of staff  
or contact [BDAP@centralbedfordshire.gov.uk](mailto:BDAP@centralbedfordshire.gov.uk)

  @bedsdv  
 [bedsdv.org.uk](https://bedsdv.org.uk)

## Vaping Amongst Children

The supply of disposable vapes has exploded in the last 18 months, which includes noncompliant versions sold in shops and online. The child appealing design of the packaging and the fruity flavours have made vaping more appealing to children and we are hearing more and more of primary aged children using these outside of school. What is more, the knock on effect of the popularity of vaping amongst children is that perpetrators of Child Sexual Exploitation and Abuse are giving vapes to individuals as part of their grooming tactics.

If you know of any local businesses selling vapes to underage children, please report this to the police via 101 or report them to trading standards through the Citizens Advice online portal <https://www.citizensadvice.org.uk/consumer/>



[https://www.wypartnership.co.uk/application/files/7616/7888/2607/NEW2\\_Vaping\\_and\\_e-cigs - the facts for parents and carers leaflet print.pdf](https://www.wypartnership.co.uk/application/files/7616/7888/2607/NEW2_Vaping_and_e-cigs_-_the_facts_for_parents_and_carers_leaflet_print.pdf)

## Family Support & Help for Marston Families

At Marston Moreteyne VC School, we understand that many children and families might experience difficult times. The cost of living crisis continues to place our community under increasing financial pressure which, understandably, can cause stress and anxiety in the home.

**Teresa Gibbons is our Family Support Worker** and she is able to help families with a range of issues including advice with debt management, food supplies, housing issues, bereavement and much more. Teresa can be contacted via email [Family.Support@marstonmoreteyneschool.org](mailto:Family.Support@marstonmoreteyneschool.org) or by calling the school office.

### Further Help

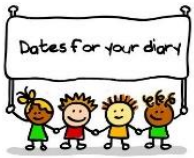
[https://helpforhouseholds.campaign.gov.uk/?utm\\_campaign=H4H\\_UK&utm\\_medium=Search&utm\\_source=Google&utm\\_content=Brand&qclid=EAIaIQobChMIitfvsfjL\\_AIVAp7tChOJ\\_gFBEAAYASAAEgLSYvD\\_BwE&qclsrc=aw.ds](https://helpforhouseholds.campaign.gov.uk/?utm_campaign=H4H_UK&utm_medium=Search&utm_source=Google&utm_content=Brand&qclid=EAIaIQobChMIitfvsfjL_AIVAp7tChOJ_gFBEAAYASAAEgLSYvD_BwE&qclsrc=aw.ds)

<https://www.citizensadvice.org.uk/debt-and-money/get-help-with-the-cost-of-living/>

[https://www.centralbedfordshire.gov.uk/info/165/support\\_with\\_the\\_cost\\_of\\_living](https://www.centralbedfordshire.gov.uk/info/165/support_with_the_cost_of_living)

<https://www.churchendlower.co.uk/family-support/>





- Weekly Coffee Morning 8.30 - 10.30 a.m. at the Community Centre with Teresa Gibbons
- 'Pop up Shop' every Thursday at Church End an Forest End

If you have a concern about the safety of a child please speak to a member of the safeguarding team or you can call:

Central Bedfordshire Access and Referral Hub - 0300 300 8585  
Bedford Borough Integrated Front Door - 01234 718700

For further safeguarding information and advice please visit our school website  
<https://www.marstonmoreteyeneschool.co.uk/safeguarding/>



## Support for Marston Families



Help the families in our community have enough  
food each and every day.

We are in need of the following items:

**Tinned / bottled goods:** sliced carrots,  
potatoes, baked beans, spaghetti in tomato  
sauce, hot dogs, pasta sauce, jam, vegetable oil

**Dried Goods:** Biscuits, pasta & cereals,

**Toiletries:** Nappies, baby wipes, toothpaste,  
shampoo, conditioner, shower gel, deodorant,  
sanitary items, washing detergent and fabric  
conditioner



Drop off Locations are at  
both school site receptions  
Church Walk, MK43 ONE or  
Great Linns, MK43 ODD

If you would benefit from support with food please contact  
Teresa Gibbons at [family.support@marstonmoreteyeneschool.org](mailto:family.support@marstonmoreteyeneschool.org)